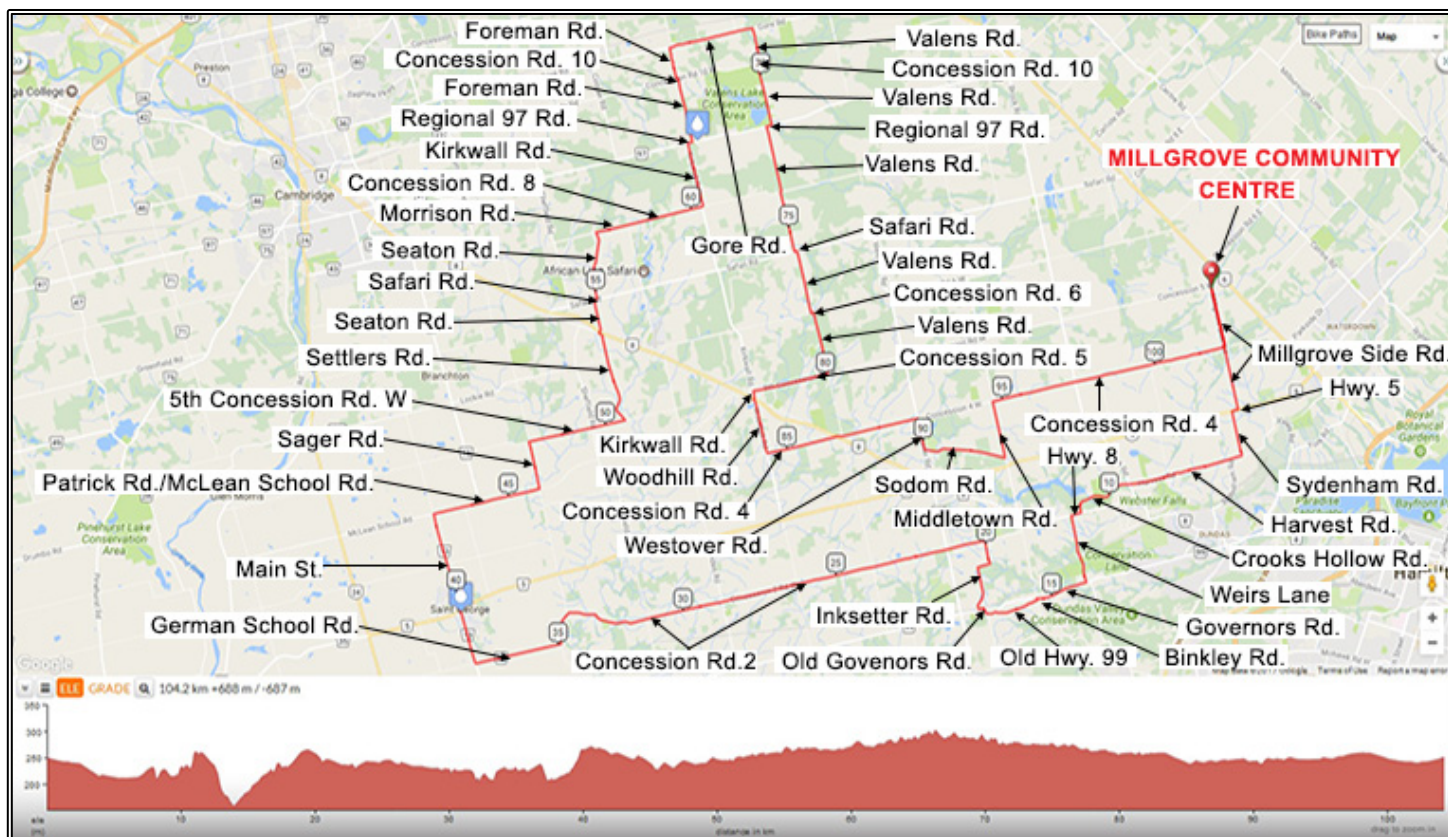


MILLGROVE 104 KM, ELEVATION GAIN 768 M



Cue Sheet

Start – Millgrove Community Centre	0.0 km		
Turn right out of Parking Lot	0.0 km	Continue onto Concession Rd. 8	58.0 km
Turn right onto Hwy. 5	3.9 km	Turn left onto Kirkwall Rd.	60.4 km
Turn left onto Sydenham Rd.	4.1 km	Turn right onto Regional 97 Rd.	62.4 km
Veer right to stay on Sydenham Rd.	5.5 km	WATER AVAILABLE ON REGIONAL 97 RD.	62.6 km
Continue onto Harvest Rd.	5.8 km	(about 200 m east of Foreman Rd.)	
Continue onto Crooks Hollow Rd.	9.4 km	Turn left onto Foreman Rd.	62.6 km
Turn right onto Regional Rd. 8	11.3 km	Turn left onto Concession Rd. 10	64.6 km
Turn left onto Weirs Lane	11.6 km	Turn right onto Foreman Rd.	64.7 km
Turn right onto Governors Rd.	13.8 km	Turn right onto Gore Rd.	65.7 km
Turn left onto Binkley Rd.	15.5 km	Turn right onto Valens Rd.	68.4 km
Turn right onto Old Hwy. 99	15.6 km	Continue onto Concession Rd. 10	69.5 km
Turn left onto Governors Rd.	16.9 km	Turn left onto Valens Rd.	69.6 km
Turn right onto Old Governors Rd.	17.3 km	Turn right onto Regional 97 Rd.	71.6 km
Turn right onto Inksetter Rd.	17.6 km	Turn left onto Valens Rd.	71.8 km
Turn left onto Concession Rd.2	20.1 km	Turn left onto Safari Rd.	75.8 km
Turn right onto German School Rd.	34.9 km	Turn right onto Valens Rd.	75.9 km
Turn right onto Main St.	37.7 km	Turn left onto Concession Rd. 6	77.8 km
WATER AVIALABLE IN ST. GEORGE	39.3 km	Turn right onto Valens Rd.	77.9 km
Turn right onto McLean School Rd.	42.6 km	Turn right onto 5 th Concession Rd.	79.9 km
Turn left onto Sager Rd.	46.0 km	Turn left onto Kirkwall Rd.	82.3 km
Turn right onto 5 th Concession Rd.	47.5 km	Continue onto Woodhill Rd.	82.6 km
Turn left onto Settlers Rd.	50.6 km	Turn left onto Concession Rd. 4	84.4 km
Turn right to stay on Settlers Rd.	53.6 km	Turn right onto Westover Rd.	89.3 km
Continue onto Seaton Rd.	53.6 km	Turn left onto Sodom Rd.	90.3 km
Turn right onto Safari Rd.	54.7 km	Turn left onto Middletown Rd.	92.9 km
Turn left onto Seaton Rd.	54.8 km	Turn right onto Concession Rd. 4	94.7 km
Turn right onto Morrison Rd.	56.9 km	Turn left onto Millgrove Side Rd.	102.3 km
		Finish – Millgrove Community Centre	104.2 km